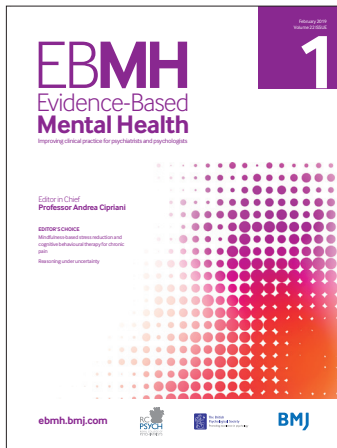


Evidence-Based Mental Health



Contents

Editorial

- 1** Providing the most appropriate care to our individual patients
A Cipriani, A Tomlinson

Original articles

- 4** Understanding the quality, effectiveness and attributes of top-rated smartphone health apps
H Wisniewski, G Liu, P Henson, A Vaidyam, N K Hajratalli, J-P Onnela, J Torous
- 10** Development and validation of a prediction model for the probability of responding to placebo in antidepressant trials: a pooled analysis of individual patient data
K Shinohara, S Tanaka, H Imai, H Noma, K Maruo, A Cipriani, S Yamawaki, T A Furukawa

Clinical reviews

- 17** Digital technology for health promotion: opportunities to address excess mortality in persons living with severe mental disorders
J A Naslund, K A Aschbrenner
- 23** What is the evidence for the use of simulation training to teach communication skills in psychiatry?
J Neale

Systematic reviews

- 26** Comparative evaluation of group-based mindfulness-based stress reduction and cognitive behavioural therapy for the treatment and management of chronic pain: A systematic review and network meta-analysis
E-L Khoo, R Small, W Cheng, T Hatchard, B Glynn, D B Rice, B Skidmore, S Kenny, B Hutton, P A Poulin

February 2019 Volume 22 Issue 1


- 36** Effects of mindfulness-based interventions on alexithymia: a systematic review
H Norman, L Marzano, M Coulson, A Oskis


Statistics in practice

- 44** Reasoning under uncertainty
C Aitken, D Mavridis

Electronic pages

- e1** Attention-deficit/hyperactive disorder: missing the bull's eye
C Leon, R Sharma, S Kaur
- e2** Reply to Leon *et al*
S Cortese, D Coghill
- e3** Adjunctive minocycline in schizophrenia: what one well-conducted study can tell us (and what it can't)
M Solmi, C U Correll
- e4** CBT, medication and the combination are effective for childhood anxiety
L M Hana, E McIngvale, M Davis, E A Storch
- e5** Electroconvulsive therapy does not increase the risk of dementia in patients with affective disorders
P Sienaert
- e6** There are promising effects from group intervention for clinically aggressive youth on probation
A Dopp
- e7** Preventive cognitive therapy could be a viable and effective addition to antidepressant medication in preventing relapse or recurrence in major depressive disorder
M J Huijbers, C Wentink, A E M Speckens

 This article has been chosen by the Editor to be of special interest or importance and is freely available online.

 This article has been made freely available online under the BMJ Journals open access scheme. See <http://ebmh.bmj.com/site/about/guidelines.xhtml#open>

 This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org

 equator network

 recycle
When you have finished with this please recycle it

Receive regular table of contents by email. Register using this QR code.

