Evidence-Based Mental Health



Contents

Editorial

IF 95

A Cipriani, S Cortese, T A Furukawa

Original research

How can we estimate QALYs based on 6 PHQ-9 scores? Equipercentile linking open access analysis of PHQ-9 and EQ-5D

> TA Furukawa, SZ Levine, C Buntrock, D D Ebert, S Gilbody, S Brabyn, D Kessler, C Björkelund, M Eriksson, A Kleiboer, A van Straten, H Riper, J Montero-Marin, J Garcia-Campavo. R Phillips, J Schneider, P Cuijpers, E Karyotaki

102 Prevalence of depression and anxiety in people with inflammatory bowel disease and associated healthcare use: populationbased cohort study

> P Irving, K Barrett, M Nijher, S de Lusignan

August 2021 Volume 24 Issue 3

Protocol

111 Magnitude and variability of structural brain abnormalities in neuropsychiatric disease: protocol for a network meta-analysis of MRI studies

R McCutcheon, T Pillinger, G Welby, L Vano, C Cummings, X Guo, T A Heron. O Efthimiou, A Cipriani, O Howes

Clinical reviews

115 Moving from tradition-based to competencebased psychotherapy

W Rief

121 When applying GRADE, how do we decide the target of certainty of evidence rating?

L Zeng, R Brignardello-Petersen, G Guyatt

Systematic review

124 WHO mental health gap action programme (mhGAP) intervention guide: updated systematic review on evidence and impact R Kevneiad, J Spagnolo, G Thornicroft



This article has been chosen by the Editor to be of special interest or importance and is freely available online



This article has been made freely available online under the BMJ Journals open access scheme. See http://ebmh.bmj.com/site/ about/guidelines.xhtml#open



This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org





ebmh.bmj.com