Additional File 2. Basic characteristics of included reports and type and number of methods used to conduct the adaptation

Citation	Evidence-based psychosocial treatment	Mental illness	Method/s Used for Treatment Adaptation	Total number of methods used
Planned Adaptations				
Alegría, M., Ludman, E., Kafali, N., Lapatin, S., Vila, D., Shrout, P.E.,, Canino, G. (2014). Effectiveness of the engagement and counseling of latinos (ECLA) Intervention in Low-Income Latinos. Medical Care, 52(11), 989-997.	СВТ	Depression	Data Stakeholder interview	2
Alford, B.A. & Beck, A.T. (1994). Cognitive therapy of delusional beliefs. Behaviour Research and Therapy, 32(3), 369-380.	Cognitive therapy	Delusional disorder	Literature review Theory	2
Ammerman, R. T., Putnam, F. W., Stevens, J., Bosse, N. R., Short, J. A., Bodley, A. L., & Van Ginkel, J. B. (2011). An open trial of in-home CBT for depressed mothers in home visitation. Maternal and Child Health Journal, 15(8), 1333-1341.	CBT	Major depression	Literature review Stakeholder interview	2
Arch, J. J., & Ayers, C. R. (2013). Which treatment worked better for whom? Moderators of group cognitive behavioral therapy versus adapted mindfulness based stress reduction for anxiety disorders. Behaviour Research and Therapy, 51(8), 434-442.	MBSR Group CBT	Anxiety disorder	Literature review Theory	2
Archer, M., Brown, J. S., Idusohan, H., Coventry, S., Manoharan, A., & Espie, C. A. (2009). The development and evaluation of a large-scale self-referral CBT-I intervention for men who have insomnia: An exploratory study. Behavioural and cognitive psychotherapy, 37(3), 239-248.	CBT-I	Insomnia	Clinical intuition Data Literature review	3
Aslam, M., Irfan, M., & Naeem, F. (2015). Brief				

culturally adapted cognitive behaviour therapy for obsessive compulsive disorder: a pilot study. Pakistan journal of medical sciences, 31(4), 874.	CBT	OCD	Clinical intuition Data Theory	3
Bamford, B. H., & Mountford, V. A. (2012). Cognitive behavioural therapy for individuals with longstanding anorexia nervosa: Adaptations, clinician survival and system issues. European Eating Disorders Review, 20(1), 49-59.	CBT	Anorexia nervosa	Clinical Intuition Theory	2
Bass, J. K., Annan, J., McIvor Murray, S., Kaysen, D., Griffiths, S., Cetinoglu, T., & Bolton, P. A. (2013). Controlled trial of psychotherapy for Congolese survivors of sexual violence. New England Journal of Medicine, 368(23), 2182-2191.	Cognitive Processing Therapy	PTSD symptoms and combined depression and anxiety symptoms	Theory	1
Bastiampillai, T., Jones, G.M., Furber, G., Moreau, M., Healey, D., Watson, J., & Battersby, M. (2014). The IAPT@Flinders service: adapting the improving access to psychological therapies model to the emergency department setting in Australia. Australasian Psychiatry, 22(3), 277-280.	CBT	Adjustment disorders, anxiety and/or depressive symptoms	Data	1
Beck, J.G. & Coffey, S.F. (2005). Group cognitive behavioral treatment for PTSD: Treatment of motor vehicle accident survivors. Cognitive and Behavioral Practice, 12(3), 267-277.	CBT	PTSD in the aftermath of a serious motor vehicle accident (MVA)	Clinical intuition Literature review	2
Ben-Porath, D. D., Peterson, G. A., & Smee, J. (2004). Treatment of individuals with borderline personality disorder using dialectical behavior therapy in a community mental health setting: Clinical application and a preliminary investigation. Cognitive and Behavioral Practice, 11(4), 424-434.	DBT	Borderline personality disorder	Literature review	1

Benítez, C. I. P., Zlotnick, C., Gomez, J., Rendón,

CBT	PTSD and somatization	Clinical intuition	1
СВТ	Insomnia	Clinical intuition	1
DBT	Any DSM-IVR Axis I diagnosis and/or a diagnosis of Borderline Personality Disorder	Clinical intuition Literature review	2
Residential cognitive therapy (RCT) Residential interpersonal therapy (RIPT)	Social phobia	Clinical intuition Theory	2
CBT	PTSD	Literature review	1
Mindfulness-based relapse prevention (MBRP)	Substance Use Disorder	Stakeholder interview	1
	CBT DBT Residential cognitive therapy (RCT) Residential interpersonal therapy (RIPT) CBT Mindfulness-based relapse prevention	CBT Insomnia Any DSM-IVR Axis I diagnosis and/or a diagnosis of Borderline Personality Disorder Residential cognitive therapy (RCT) Residential interpersonal therapy (RIPT) Social phobia CBT PTSD Mindfulness-based relapse prevention	CBT Insomnia Clinical intuition Any DSM-IVR Axis I diagnosis and/or a diagnosis of Borderline Personality Disorder Clinical intuition Literature review Residential cognitive therapy (RCT) Residential interpersonal therapy (RIPT) Social phobia Clinical intuition Theory CBT PTSD Literature review

Bradley, G. M., Couchman D Psych, G. M.,

Perlesz, A., Nguyen, A. T., Singh, B., & Riess, C.

(2006). Multiple-family group treatment for English-and Vietnamese-speaking families living with schizophrenia. Psychiatric Services, 57(4), 521-530.	Multiple-family group CBT intervention	Schizophrenia	Stakeholder Theory	2
Bradshaw, W. (1998). Cognitive-behavioral treatment of schizophrenia: A case study. Journal of Cognitive Psychotherapy, 12, 13-26.	СВТ	Schizophrenia	Literature review	1
Brandon, A. R., & Freeman, M. P. (2011). When she says "no" to medication: psychotherapy for antepartum depression. Current psychiatry reports, 13(6), 459-466.	СВТ	Major depressive disorder Antepartum depression	Literature review	1
Brooks, A. C., Chambers, J. E., Lauby, J., Byrne, E., Carpenedo, C. M., Benishek, L. A., & Kirby, K. C. (2016). Implementation of a brief treatment counseling toolkit in federally qualified healthcare centers: Patient and clinician utilization and satisfaction. Journal of substance abuse treatment, 60, 70-80.	CBT	Substance use	Clinical intuition	1
Bryant, R. A., & Njenga, F. G. (2006). Cultural sensitivity: making trauma assessment and treatment plans culturally relevant. The Journal of clinical psychiatry, 67, 74-79.	Narrative exposure therapy (CBT)	PTSD and related comorbid conditions such as depression, anxiety, and grief	Clinical intuition Literature review Theory	3
Bufka, L. F., & Hofmann, S. G. (1999). Modifying CBT to treat panic disorder in patients with schizophrenia. Cognitive and behavioral practice, 6(1), 10-15.	Panic Control Treatment (PCT): a form of CBT	Comorbid schizophrenia and panic disorder:	Clinical intuition Literature review	2
Butler, L., Johns, L., Byrne, M., Joseph, C., O'Donoghue, E., Jolley, S., Morris, E. (2016). Running acceptance and commitment therapy groups for psychosis in community settings. Journal of Contextual Behavioral Science, 5(1), 33-8. https://doi.org/10.1016/j.jcbs.2015.12.001	ACT	Psychosis	Clinical intuition	1

Cachelin, F. M., Shea, M., & Bono, F. A. (2015).

Carey, K. B., Leontieva, L., Dimmock, J., Maisto,

Cognitive-Behavioral Therapy Guided Self-Help for Binge Eating: A Culturally Sensitive Minimal or Early Intervention Program. Eating Disorders and Obesity: A Counselor's Guide to Prevention and Treatment, 265-283.	CBT guided self-help program	Eating disorders such as bulimia nervosa and binge eating disorder	Data Stakeholder interview	2
Cachelin, F. M., Shea, M., Phimphasone, P., Wilson, G. T., Thompson, D. R., & Striegel, R. H. (2014). Culturally adapted cognitive behavioral guided self-help for binge eating: A feasibility study with Mexican Americans. Cultural Diversity and Ethnic Minority Psychology, 20(3), 449.	CBT-based self-help program	Binge eating disorder Recurrent binge eating Bulimia nervosa	Data Theory	2
Calamari, J.E., Pontarelli, N.K., Armstrong, K.M., & Salstrom, S.A. (2012). Obsessive-compulsive disorder in late life. Cognitive and Behavioral Practice, 19, 136-150.	СВТ	OCD	Literature review	1
Callcott, Pauline & Dudley, Rob & Standart, Sally & Freeston, Mark & Turkington, Douglas. (2013). Treating trauma in people with first- episode psychosis using cognitive behavioural therapy: A Symptom-based Approach.	Trauma oriented CBT for psychosis	First-episode psychosis	Literature review Theory	2
Calleo, J. S., Bush, A. L., Cully, J. A., Wilson, N. L., Kraus-Schuman, C., Rhoades, H. M., & Kunik, M. E. (2013). Treating late-life GAD in primary care: An effectiveness pilot study. The Journal of nervous and mental disease, 201(5), 414.	СВТ	Generalized anxiety disorder (GAD)	Literature review Theory	2
Cannity, K. M., & Hopko, D. R. (2017). Behavioral Activation for a Breast Cancer Patient with Major Depression and Coexistent Personality Disorder. Journal of Contemporary Psychotherapy, 47(4), 201-210.	Behavioral Activation Treatment for Depression	Recurrent major depression and obsessive— compulsive personality disorder (OCPD)	Clinical intuition	1

S. A., & Batki, S. L. (2007). Adapting motivational interventions for comorbid schizophrenia and alcohol use disorders. Clinical Psychology: Science and Practice, 14(1), 39-57.	Motivational enhancement protocol	Comorbid schizophrenia and alcohol use disorders	Theory	1
Carmin, C. N., Pollard, C. A., & Ownby, R. L. (1999). Cognitive behavioral treatment of older adults with obsessive-compulsive disorder. Cognitive and Behavioral Practice, 6(2), 110-119.	CBT	OCD	Clinical intuition Literature review	2
Carrico, A. W., Nil, E., Sophal, C., Stein, E., Sokunny, M., Yuthea, N., & Page, K. (2016). Behavioral interventions for Cambodian female entertainment and sex workers who use amphetamine-type stimulants. Journal of Behavioral Medicine, 39(3), 502-510.	Twelve week condition cash transfer intervention Four week cognitive behavioral aftercare program	Stimulant use disorders	Literature review Stakeholder interview Theory	3
Castillo, Diane. (2004). Systematic outpatient treatment of sexual trauma in women: Application of cognitive and behavioral protocols. Cognitive and Behavioral Practice. 11. 352-365.	СВТ	PTSD	Literature review Theory	2
Chadwick, P. (2014). Mindfulness for psychosis. The British Journal of Psychiatry, 204(5), 333-334.	Mindfulness	Psychosis	Clinical intuition	1
Chand, S. P., & Grossberg, G. T. (2013). How to adapt cognitive-behavioral therapy for older adults. Current psychiatry, 12(3), 10-15.	СВТ	Depression Anxiety Schizophrenia	Clinical intuition Literature review	2
Chard, K. M., Schumm, J. A., McIlvain, S. M., Bailey, G. W., & Parkinson, R. B. (2011). Exploring the efficacy of a residential treatment program incorporating cognitive processing therapy-cognitive for veterans with PTSD and traumatic brain injury. Journal of Traumatic Stress, 24(3), 347-351.	Cognitive processing therapy	Traumatic brain injury and PTSD	Literature review	1
Chavez-Korell, S., Rendón, A. D., Beer, J.,				

Rodriguez, N., Garr, A. D., Pine, C. A., ... &

Cooper, P. J., & Fairburn, C. G. (1984). Cognitive

Malcolm, E. (2012). Improving access and reducing barriers to depression treatment for Latino elders: Un Nuevo Amanecer (A New Dawn). Professional Psychology: Research and Practice, 43(3), 217.	Behavioral Activation	Depression	Literature review Stakeholder interview Theory	3
Cheng, Pei-Han & Merrick, Elizabeth. (2017). Cultural Adaptation of Dialectical Behavior Therapy for a Chinese International Student With Eating Disorder and Depression. Clinical Case Studies.	DBT	Eating disorder and depression	Literature review Theory	2
Choi, Isabella & Zou, Judy & Titov, Nickolai & Dear, Blake & Li, Stephen & Johnston, Luke & Andrews, Gavin & Hunt, Caroline. (2011). Culturally attuned Internet treatment for depression amongst Chinese Australians: A randomised controlled trial. Journal of affective disorders. 136. 459-68.	Internet delivered CBT (iCBT)	Depression	Literature review	1
Chu, J.P. Huynh, L., & Areán, P. (2012). Cultural adaptation of evidence-based practice utilizing an iterative stakeholder process and theoretical framework: problem solving therapy for Chinese older adults. International Journal of Geriatric Psychiatry, 12(1), 97-106.	Problem solving therapy	Depression	Clinical Intuition Data Literature Review Stakeholder interview Theory	5
Churcher Clarke, A., Chan, J. M. Y., Stott, J., Royan, L., & Spector, A. (2017). An adapted mindfulness intervention for people with dementia in care homes: feasibility pilot study. International journal of geriatric psychiatry, 32(12), e123-e131.	Group-based mindfulness program	Depression and anxiety in dementia	Literature review Stakeholder interview Theory	3
Cook, E.A. (2014). Peer Support for Consumers with Psychosis (Doctoral dissertation).	CBT for Psychosis (CBTp) Individual resiliency training (IRT)	Psychosis	Clinical intuition Stakeholder interview	2

Davis, L. W., Lysaker, P. H., Kristeller, J. L.,

behaviour therapy for anorexia nervosa: some preliminary findings. Journal of Psychosomatic Research, 28(6), 493-499.	Cognitive Behavioral Therapy	Anorexia nervosa	Clinical intuition	1
Courbasson, C. M., & Nishikawa, Y. (2010). Cognitive behavioral group therapy for patients with co-existing social anxiety disorder and substance use disorders: A pilot study. Cognitive Therapy and Research, 34(1), 82-91.	Cognitive behavioral group therapy	Social anxiety disorder and substance use disorder	Clinical intuition	1
Courbasson, C., Nishikawa, Y., & Dixon, L. (2012). Outcome of dialectical behaviour therapy for concurrent eating and substance use disorders. Clinical Psychology & Psychotherapy, 19(5), 434-449.	DBT	Concurrent eating and substance use disorders	Clinical intuition	1
Dagöö, J., Asplund, R. P., Bsenko, H. A., Hjerling, S., Holmberg, A., Westh, S., & Andersson, G. (2014). Cognitive behavior therapy versus interpersonal psychotherapy for social anxiety disorder delivered via smartphone and computer: a randomized controlled trial. Journal of Anxiety Disorders, 28(4), 410-417.	Mobile phone administration CBT	Social anxiety disorder	Literature review Theory	2
Daughters, S. B., Magidson, J. F., Schuster, R. M., & Safren, S. A. (2010). ACT HEALTHY: A combined cognitive-behavioral depression and medication adherence treatment for HIV-infected substance users. Cognitive and Behavioral Practice, 17(3), 309-321.	Combined depression and HIV medication adherence treatment	Comorbid substance use disorders and depression	Clinical intuition Literature review	2
Davidson, F., Cave, M., Reedman, R., Briffa, D., & Dark, F. (2012). Dialectical behavioral therapy informed treatment with deaf mental health consumers: an Australian pilot program. Australasian Psychiatry, 20(5), 425-428.	DBT	Depression with borderline personality traits Depression Panic disorder	Literature review Stakeholder interview	2

Salyers, M. P., Kovach, A. C., & Woller, S. (2015). Effect of mindfulness on vocational rehabilitation outcomes in stable phase schizophrenia. Psychological Services, 12(3), 303.	Mindfulness Intervention for Rehabilitation and Recovery in Schizophrenia (MIRRORS).	Schizophrenia	Data Theory	2
De Coteau, T., Anderson, J., & Hope, D. (2006). Adapting manualized treatments: Treating anxiety disorders among Native Americans. Cognitive and Behavioral Practice, 13(4), 304-309.	Cognitive behavioral therapy	Anxiety disorders	Clinical intuition	1
De Jong, M., Peeters, F., Gard, T., Ashih, H., Doorley, J., Walker, R., & Hoge, E. A. (2018). A randomized controlled pilot study on mindfulness-based cognitive therapy for unipolar depression in patients with chronic pain. The Journal of clinical psychiatry, 79(1).	Mindfulness-Based Cognitive Therapy	Active unipolar depression	Literature review	1
Dimeff, L., Rizvi, S.L., Brown, M., & Linehan, M.M. (2000). Dialectical behavior therapy for substance abuse: a pilot application to methamphetamine-dependent women with borderline personality disorder. Cognitive and Behavioral Practice, 7, 457-468.	DBT	Borderline personality disorder	Literature review	1
Duchesne, Mônica, Appolinario, José Carlos, Rangé, Bernard Pimentel, Fandiño, Julia, Moya, Tatiana, & Freitas, Silvia R. (2007). The use of a manual-driven group cognitive behavior therapy in a Brazilian sample of obese individuals with binge-eating disorder. Brazilian Journal of Psychiatry, 29(1), 23-25. Epub February 22, 2007.	Group CBT program	Binge-eating disorder	Clinical intuition Theory	2
Durrant, C., Clarke, I., Tolland, A., & Wilson, H. (2007). Designing a CBT service for an acute inpatient setting: a pilot evaluation study. Clinical Psychology & Psychotherapy: An International Journal of Theory & Practice, 14(2), 117-125.	CBT	Depression, anxiety and complex trauma, personality disorder, schizophrenia and other psychoses	Theory	1

Dwight-Johnson, M., Aisenberg, E., Golinelli, D., Hong, S., O'Brien, M., & Ludman, E. (2011). Telephone-based cognitive behavioral therapy for Latino patients living in rural areas: a randomized pilot study. Psychiatric Services, 62(8), 936-942.	СВТ	Depression	Clinical intuition Literature review	2
Dwight-Johnson, M., Aisenberg, E., Golinelli, D., Hong, S., O'Brien, M., & Ludman, E. (2011). Telephone-based cognitive-behavioral therapy for Latino patients living in rural areas: A randomized pilot study. Psychiatric Services, 62(8), 936-942.	СВТ	Depression	Literature review Theory	2
Eisendrath, S., Chartier, M., & McLane, M. (2011). Adapting Mindfulness-Based Cognitive Therapy for Treatment-Resistant Depression: A Clinical Case Study. Cognitive and behavioral practice, 18(3), 362–370.	Mindfulness-Based Cognitive Therapy	Major depressive disorder Treatment-resistant depression	Theory	1
Epstein, E. E., & McCrady, B. S. (1998). Behavioral couples treatment of alcohol and drug use disorders: Current status and innovations. Clinical Psychology Review, 18(6), 689-711.	Alcohol Behavioral Couples Therapy	Alcohol and drug use disorders	Literature review Theory	2
Erb, S., & Farmer, A. (2013). A condensed dialectical behavior therapy skills group for binge eating disorder: Overcoming winter challenges. Journal of Cognitive Psychotherapy, 27(4), 338.	DBT	Binge eating disorder	Clinical intuition	1
Esbensen, A. J., & Hartley, S. L. (2013). Cognitive–Behavioral Therapy for Mood Disorders. Psychological therapies for adults with intellectual disabilities, 117-132.	СВТ	Depression	Clinical intuition	1

Feldman, Jonathan & Matte, Lynne & Interian,

Alejandro & Lu, Shou-En & Scheckner, Bari &

Steinberg, Dara & Oken, Tanya & Kotay, Anu & Sinha, Sumita & Shim, Chang. (2016). Psychological treatment of comorbid asthma and panic disorder in Latino adults: Results from a randomized controlled trial. Behaviour Research and Therapy.	Cognitive behavior psychophysiological therapy	Panic disorder	Data Stakeholder interview Theory	3
Foote, Brad & Orden, Kimberly. (2016). Adapting Dialectical Behavior Therapy for the Treatment of Dissociative Identity Disorder. American journal of psychotherapy.	DBT	Dissociative identity disorder	Theory	1
Foote, J., Seligman, M., Magura, S., Handelsman, L., Rosenblum, A., Lovejoy, M., & Stimmel, B. (1994). An enhanced positive reinforcement model for the severely impaired cocaine abuser. Journal of Substance Abuse Treatment, 11(6), 525-539.	CBT	Substance use	Clinical intuition	1
Forsell, E., Bendix, M., Holländare, F., von Schultz, B. S., Nasiell, J., Blomdahl-Wetterholm, M., & Jokinen, J. (2017). Internet delivered cognitive behavior therapy for antenatal depression: A randomised controlled trial. Journal of affective disorders, 221, 56-64.	СВТ	Major depressive disorder	Clinical intuition	1
Glickman, N. S. (2009). Adapting best practices in CBT for deaf and hearing persons with language and learning challenges. Journal of Psychotherapy Integration, 19(4), 354.	СВТ	Oppositional defiant disorder Attention deficit disorder Intermittent explosive disorder Mild mental retardation Organic brain syndrome	Literature review Theory	2
González-Prendes, A. A., Hindo, C., & Pardo, Y. (2011). Cultural values integration in cognitive-behavioral therapy for a Latino with depression. Clinical Case Studies, 10(5), 376-394.	СВТ	Depression	Literature review	1

Guo, F., & Hanley, T. (2015). Adapting cognitive behavioral therapy to meet the needs of C hinese clients: Opportunities and challenges. PsyCh Journal, 4(2), 55-65.	CBT	Mental illness	Literature review Theory	2
Habib, N., Dawood, S., Kingdon, D., & Naeem, F. (2015). Preliminary evaluation of culturally adapted CBT for psychosis (CA-CBTp): findings from developing culturally-sensitive CBT project (DCCP). Behavioural and Cognitive Psychotherapy, 43(2), 200-208.	СВТ	Psychosis	Data Literature review Stakeholder interview	3
Haddock, G., Lobban, F., Hatton, C., & Carson, R. (2004). Cognitive—behaviour therapy for people with psychosis and mild intellectual disabilities: A case series. Clinical Psychology & Psychotherapy: An International Journal of Theory & Practice, 11(4), 282-298.	CBT	Schizophrenia	Clinical intuition Literature review	2
Hatch, M. L., Friedman, S., & Paradis, C. M. (1996). Behavioral treatment of obsessive-compulsive disorder in African Americans. Cognitive and Behavioral Practice, 3(2), 303-315.	Exposure Response Prevention	OCD	Clinical intuition Literature review	2
Hewage, K., Steel, Z., Mohsin, M., Tay, A. K., De Oliveira, J. C., Da Piedade, M., & Silove, D. (2018). A wait-list controlled study of a traumafocused cognitive behavioral treatment for intermittent explosive disorder in Timor-Leste. American Journal of Orthopsychiatry, 88(3), 282.	Trauma-Focused Cognitive Behavioral Treatment	Intermittent explosive disorder	Clinical intuition Theory	2
Hijazi, A. M., Lumley, M. A., Ziadni, M. S., Haddad, L., Rapport, L. J., & Arnetz, B. B. (2014). Brief narrative exposure therapy for posttraumatic stress in Iraqi refugees: A preliminary randomized clinical trial. Journal of traumatic stress, 27(3), 314-322.	Brief narrative exposure therapy	Posttraumatic stress	Clinical Intuition	1
Hill, D. M., Craighead, L. W., & Safer, D. L.				

DBT	Bulimia nervosa	Clinical intuition Literature review Theory	3
СВТ	Anxiety	Clinical intuition	1
CBT	Trauma	Clinical intuition	1
Culturally Adapted CBT	PTSD	Literature review Theory	2
СВТ	PTSD	Clinical intuition	1
СВТ	Alcoholism	Clinical intuition Literature review Stakeholder interview	3
СВТ	Substance dependence	Stakeholder interview	1
	CBT Culturally Adapted CBT CBT CBT	CBT Anxiety CBT Trauma Culturally Adapted CBT PTSD CBT PTSD CBT Alcoholism	DBT Bulimia nervosa Literature review Theory CBT Anxiety Clinical intuition CBT Trauma Clinical intuition Culturally Adapted CBT PTSD Literature review Theory CBT PTSD Clinical intuition CBT Alcoholism Clinical intuition

Husain, M. O., Chaudhry, I. B., Mehmood, N., ur Rehman, R., Kazmi, A., Hamirani, M., & Naeem, F. (2017). Pilot randomised controlled trial of culturally adapted cognitive behavior therapy for psychosis (CaCBTp) in Pakistan. BMC Health Services Research, 17(1), 808.	CBT	Psychosis	Literature review Theory	2
Hwang, W. C., Myers, H. F., Chiu, E., Mak, E., Butner, J. E., Fujimoto, K., & Miranda, J. (2015). Culturally adapted cognitive-behavioral therapy for Chinese Americans with depression: A randomized controlled trial. Psychiatric Services, 66(10), 1035-1042.	Culturally adapted CBT	Depression	Literature review Stakeholder interview Theory	3
Interian, A., & Díaz-Martínez, A. M. (2007). Considerations for culturally competent cognitive-behavioral therapy for depression with Hispanic patients. Cognitive and Behavioral Practice, 14(1), 84-97.	CBT	Depression	Clinical intuition Literature review	2
Interian, A., Allen, L. A., Gara, M. A., & Escobar, J. I. (2008). A pilot study of culturally adapted cognitive behavior therapy for Hispanics with major depression. Cognitive and Behavioral Practice, 15(1), 67-75.	СВТ	Major depression	Clinical intuition Literature review	2
Jalal, B., Samir, S. W., & Hinton, D. E. (2017). Adaptation of CBT for traumatized Egyptians: Examples from culturally adapted CBT (CACBT). Cognitive and behavioral practice, 24(1), 58-71.	Culturally adapted CBT	Trauma-related disorder (e.g., PTSD)	Clinical intuition Literature review	2
Jalal, Baland & Kruger, Qunessa & Hinton, Devon. (2017). Adaptation of CBT for Traumatized South African Indigenous Groups: Examples from Multiplex CBT for PTSD. Cognitive and Behavioral Practice.	Multiplex CBT	PTSD and trauma-related disorders	Clinical intuition Literature review Theory	3

Kanter, J. W., Diéguez Hurtado, G., Rusch, L. C., Busch, A. M., & Santiago-Rivera, A. (2008). Behavioral activation for Latinos with depression. Clinical Case Studies, 7(6), 491-506.	Behavioral Activation	Depression	Clinical intuition Literature review	2
Kaur, M., Murphy, D., & Smith, K. V. (2016). An adapted imaginal exposure approach to traditional methods used within trauma-focused cognitive behavioural therapy, trialled with a veteran population. The Cognitive Behaviour Therapist, 9.	Imaginal reliving and prolonged exposure (Trauma-Focused CBT)	Post-traumatic stress disorder (PTSD)	Literature review Theory	2
Klein, A. S., Skinner, J. B., & Hawley, K. M. (2013). Targeting binge eating through components of dialectical behavior therapy: Preliminary outcomes for individually supported diary card self-monitoring versus group-based DBT. Psychotherapy, 50(4), 543.	DBT	Binge eating disorder Bulimia nervosa	Literature review	1
Kneebone, I. I. (2016). A framework to support cognitive behavior therapy for emotional disorder after stroke. Cognitive and Behavioral Practice, 23(1), 99-109.	CBT	Depression Posttraumatic stress Anxiety	Clinical intuition	1
Kohn, Laura & Oden, Tatia & Muñoz, Francisco & Robinson, Ayinka & Leavitt, Daria. (2002). Brief Report: Adapted Cognitive Behavioral Group Therapy for Depressed Low-Income African American Women. Community mental health journal.	СВТ	Depression	Clinical intuition Literature Review Stakeholder interview Theory	4
Kootker, J. A., Fasotti, L., Rasquin, S. M., van Heugten, C. M., & Geurts, A. C. (2012). The effectiveness of an augmented cognitive behavioural intervention for post-stroke depression with or without anxiety (PSDA): the Restore4Stroke-PSDA trial. BMC neurology, 12(1), 51.	СВТ	Depression	Clinical intuition	1
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LaCount, P.A., Hartung, C.M., Shelton, C.R.,

treatment for college students with attention-deficit/hyperactivity disorder. Cognitive and Behavioral Practice, 22, 152-160.	CBT	ADHD	Clinical intuition Literature review	2
Lehavot, K., Litz, B., Millard, S. P., Hamilton, A. B., Sadler, A., & Simpson, T. (2017). Study adaptation, design, and methods of a web-based PTSD intervention for women Veterans. Contemporary clinical trials, 53, 68-79.	Web-based cognitive-behavioral intervention	PTSD	Data Literature review Stakeholder interview	3
Li, W., Zhang, L., Luo, X., Liu, B., Liu, Z., Lin, F., & Kingdon, D. (2017). A qualitative study to explore views of patients', carers' and mental health professionals' to inform cultural adaptation of CBT for psychosis (CBTp) in China. BMC psychiatry, 17(1), 131.	CBT for psychosis	Psychosis	Stakeholder interview	1
Lindsay, W.R., Howells, L., & Pitcaithly, D. (1993). Cognitive therapy for depression with individuals with intellectual disabilities. British Journal of Medical Psychology, 66, 135-141.	СВТ	Depression	Clinical intuition Literature review,	2
Long, M. E., Hammons, M. E., Davis, J. L., Frueh, B. C., Khan, M. M., Elhai, J. D., & Teng, E. J. (2011). Imagery rescripting and exposure group treatment of posttraumatic nightmares in Veterans with PTSD. Journal of Anxiety Disorders, 25(4), 531-535.	Imagery Rescripting and Exposure Therapy	PTSD and chronic posttraumatic nightmares	Literature review Theory	2

Depression with personality disorder

comorbidity

Lynch, Thomas & Cheavens, Jennifer. (2008).

using dialectical behavior therapy. Cognitive and

DBT

Lynch, T. R. (2000). Treatment of elderly depression with personality disorder comorbidity

Behavioral Practice, 7(4), 468–477.

Clapp, J.D., & Clapp, T.K.W. (2015). Preliminary evaluation of a combined group and individual

Theory

Maercker, A., Zöllner, T., Menning, H., Rabe, S., & Karl, A. (2006). Dresden PTSD treatment study: randomized controlled trial of motor vehicle accident survivors. BMC Psychiatry, 6(26). Mancebo, M.C., Steketee, G., Muroff, J., Rasmussen, S., & Zlotnick, C. (2017). Behavioral therapy teams for adults with OCD in a community mental health center: an open trial. Journal of Obsessive-Compulsive and Related Disorders, 13, 18-23. Marchand, L., Marchand, A., Landry, P., Letarte, A., & Labrecque, J. (2013). Efficacy of two cognitive-behavioral treatment modalities for panic disorder with nocturnal panic attacks. Behavior modification, 37(5), 680-704. Markowitz, S. M., Carper, M. M., Gonzalez, J. S., Delahanty, L. M., & Safren, S. A. (2012). Cognitive-behavioral therapy for the treatment of	1	
Rasmussen, S., & Zlotnick, C. (2017). Behavioral therapy teams for adults with OCD in a community mental health center: an open trial. Journal of Obsessive-Compulsive and Related Disorders, 13, 18-23. Marchand, L., Marchand, A., Landry, P., Letarte, A., & Labrecque, J. (2013). Efficacy of two cognitive-behavioral treatment modalities for panic disorder with nocturnal panic attacks. Behavior modification, 37(5), 680-704. CBT for panic disorder CBT adapted to nocturnal panic Markowitz, S. M., Carper, M. M., Gonzalez, J. S., Delahanty, L. M., & Safren, S. A. (2012).		
A., & Labrecque, J. (2013). Efficacy of two cognitive-behavioral treatment modalities for panic disorder with nocturnal panic attacks. CBT for panic disorder Panic disorder with nocturnal panic CBT adapted to nocturnal panic CBT adapted to nocturnal panic Literature review Markowitz, S. M., Carper, M. M., Gonzalez, J. S., Delahanty, L. M., & Safren, S. A. (2012).	2	
Delahanty, L. M., & Safren, S. A. (2012).	2	
depression and adherence in patients with type 1 diabetes: pilot data and feasibility. The Primary Care Companion to CNS Disorders, 14(2). CBT for adherence and depression Depression Literature review	1	
Mccann, Robin & Ball, Elissa & Ivanoff, Andre. (2000). DBT with an inpatient forensic population: The CMHIP forensic model. Cognitive and Behavioral Practice. 7. 447-456. Borderline personality disorder, and concomitant Axis I clinical intuition psychotic or mood Literature review disorders Theory	3	

McCullagh, J. & Gray, J.S. (2018). Cognitive

behavioral models, measures, and treatments for anxiety disorders in American Indians and Alaska natives. In E.C. Chang, C.A. Downey, J.K. Hirsch, & E.A. Yu (Eds.), Treating depression, anxiety, and stress in ethnic and racial groups: Cognitive behavioral approaches (pp. 203-225). Washington, DC: American Psychological Association.

Washington, DC: American Psychological Association.	СВТ	Anxiety disorders	Literature review	1
McGovern, M. P., Lambert-Harris, C., Acquilano, S., Xie, H., Alterman, A. I., & Weiss, R. D. (2009). A cognitive behavioral therapy for cooccurring substance use and posttraumatic stress disorders. Addictive Behaviors, 34(10), 892-897.	СВТ	Co-occurring substance use and posttraumatic stress disorders	Clinical intuition Literature review	2
McSherry, P., O'Connor, C., Hevey, D., & Gibbons, P. (2012). Service user experience of adapted dialectical behaviour therapy in a community adult mental health setting. Journal of Mental Health, 21(6), 539-547.	DBT	Borderline personality disorder (BPD)	Stakeholder interview	1
Mir, G., Meer, S., Cottrell, D., McMillan, D., House, A., & Kanter, J. W. (2015). Adapted behavioural activation for the treatment of depression in Muslims. Journal of affective disorders, 180, 190-199.	Behavioral Activation	Depression	Literature review Stakeholder interview	2
Muroff, J. (2011). Thinking outside the box: Novel delivery methods for treating hoarding. International Journal of Cognitive Therapy, 4(3), 280-296.	CBT	Hoarding disorder	Theory	1
Naeem, F., Phiri, P., Munshi, T., Rathod, S., Ayub, M., Gobbi, M., & Kingdon, D. (2015). Using cognitive behaviour therapy with South Asian Muslims: findings from the culturally sensitive CBT project. International Review of Psychiatry, 27(3), 233-246.	CBT	Depression and psychosis	Clinical intuition Stakeholder interview	2

Nguyen, S., McKay, A., Wong, D., Rajaratnam, S. M., Spitz, G., Williams, G., & Ponsford, J. L. (2017). Cognitive behavior therapy to treat sleep disturbance and fatigue after traumatic brain injury: a pilot randomized controlled trial. Archives of physical medicine and rehabilitation, 98(8), 1508-1517.	CBT	Sleep disturbance and fatigue After traumatic brain injury	Literature review	1
O'Mahen, H., Himle, J. A., Fedock, G., Henshaw, E., & Flynn, H. (2013). A pilot randomized controlled trial of cognitive behavioral therapy for perinatal depression adapted for women with low incomes. Depression and anxiety, 30(7), 679-687.	CBT	Major depressive disorder (MDD)	Clinical intuition Data Stakeholder interview	3
O'Hearn, Amanda & Pollard Jr, Robert. (2008). Modifying Dialectical Behavior Therapy for Deaf Individuals. Cognitive and Behavioral Practice. 15. 400-414.	DBT	Borderline personality disorder	Clinical intuition Theory	2
Oakes, J., Gardiner, P., McLaughlin, K., & Battersby, M. (2012). A pilot group cognitive behavioural therapy program for problem gamblers in a rural Australian setting. International Journal of Mental Health and Addiction, 10(4), 490-500.	СВТ	Gambling disorder	Theory	1
Otto, M. W., & Hinton, D. E. (2006). Modifying exposure-based CBT for Cambodian refugees with posttraumatic stress disorder. Cognitive and Behavioral Practice, 13(4), 261-270.	Exposure-based CBT	PTSD	Literature Review Theory	2
Pachankis, J. E. (2014). Uncovering clinical principles and techniques to address minority stress, mental health, and related health risks among gay and bisexual men. Clinical Psychology: Science and Practice, 21(4), 313-330.	CBT	Minority stress Mental health Related health risks	Literature review Stakeholder interview Theory	3

Pachankis, J. E., Hatzenbuehler, M. L., Rendina,

H. J., Safren, S. A., & Parsons, J. T. (2015). LGB-affirmative cognitive-behavioral therapy for young adult gay and bisexual men: A randomized controlled trial of a transdiagnostic minority stress approach. Journal of consulting and clinical psychology, 83(5), 875.	CBT	Depression, anxiety, and co-occurring health risks	Clinical intuition Stakeholder interview	2
Pan, D., Huey Jr, S. J., & Hernandez, D. (2011). Culturally adapted versus standard exposure treatment for phobic Asian Americans: Treatment efficacy, moderators, and predictors. Cultural Diversity and Ethnic Minority Psychology, 17(1), 11.	Exposure Treatment, one-session treatment	Specific phobia	Data Literature review Theory	3
Papas, R. K., Sidle, J. E., Martino, S., Baliddawa, J. B., Songole, R., Omolo, O. E., & Owino-Ong'or, W. D. (2010). Systematic cultural adaptation of cognitive-behavioral therapy to reduce alcohol use among HIV-infected outpatients in western Kenya. AIDS and Behavior, 14(3), 669-678.	CBT	Alcohol use	Clinical intuition Stakeholder interview Theory	3
Parrish, B. D. (2008). Dialectical behavior therapy deployed: An aggressive alternative to traditional mental health on the noncontiguous battlefield. US Army Medical Department Journal, 24-32.	DBT	Mental illness	Clinical intuition	1
Patel, S. R., Carmody, J., & Simpson, H. B. (2007). Adapting mindfulness-based stress reduction for the treatment of obsessive-compulsive disorder: A case report. Cognitive and Behavioral Practice, 14(4), 375-380.	Mindfulness-Based Stress Reduction	OCD	Literature review	1

Patel, S. R., Wheaton, M. G., Andersson, E., Rück,

C., Schmidt, A. B., La Lima, C. N., & Simpson, H. B. (2018). Acceptability, feasibility, and effectiveness of internet-based cognitive-behavioral therapy for obsessive-compulsive disorder in new york. Behavior therapy, 49(4), 631-641.	Internet CBT, consisting of exposure and response prevention	Obsessive-compulsive disorder	Literature review Stakeholder interview	2
Paterson, L. Q., Handy, A. B., & Brotto, L. A. (2017). A pilot study of eight-session mindfulness-based cognitive therapy adapted for women's sexual interest/arousal disorder. The Journal of Sex Research, 54(7), 850-861.	Mindfulness-based cognitive therapy	Women's sexual interest/arousal disorder	Data Literature review	2
Pearce, M. J., Koenig, H. G., Robins, C. J., Nelson, B., Shaw, S. F., Cohen, H. J., & King, M. B. (2015). Religiously integrated cognitive behavioral therapy: A new method of treatment for major depression in patients with chronic medical illness. Psychotherapy, 52(1), 56.	Religiously-Integrated CBT	Major depression	Literature review Theory	2
Penberthy, J. K., Gioia, C. J., Konig, A., Martin, A. M., Cockrell, S. A., & Meshberg-Cohen, S. (2014). Co-occurring chronic depression and alcohol dependence: A novel treatment approach. Addictive Disorders & Their Treatment, 13(2), 54-67.	Cognitive Behavioral Analysis System of Psychotherapy	Co-occurring alcohol dependence and chronic depression	Literature review	1
Pence, S. L., Aldea, M. A., Sulkowski, M. L., & Storch, E. A. (2011). Cognitive behavioral therapy in adults with obsessive—compulsive disorder and borderline intellectual functioning: A case series of three patients. Journal of Developmental and Physical Disabilities, 23(2), 71-85.	CBT	OCD	Literature review Theory	2

Puente, A. N., & Mitchell, J. T. (2016). Cognitive-

of multi-method assessment of executive functioning in clinical practice and manualized treatment adaptation. Clinical Case Studies, 15(3), 198-211.	CBT	ADHD	Clinical intuition Literature review	2
Pugliese, C. E., & White, S. W. (2014). Brief report: Problem solving therapy in college students with autism spectrum disorders: Feasibility and preliminary efficacy. Journal of autism and developmental disorders, 44(3), 719-729.	Group-based problem solving therapy	Autism spectrum disorder	Literature review	1
Ramos, Z. & Alegría, M. (2014). Cultural adaptation and health literacy refinement of a brief depression intervention for latinos in al owresource setting. Cultural Diversity and Ethnic Minority Psychology, 20(2), 293-301.	CBT	Depression	Clinical intuition Literature review Stakeholder interview	3
Randall, E.J. (1994). Cultural relativism in cognitive therapy with disadvantaged African American women. Journal of Cognitive Psychotherapy: An International Quarterly, 8(3), 195-206.	Cognitive therapy	Depression	Clinical intuition Theory	2
Reback, C. J., Veniegas, R., & Shoptaw, S. (2014). Getting off: development of a model program for gay and bisexual male methamphetamine users. Journal of homosexuality, 61(4), 540-553.	СВТ	Substance use disorder	Clinical intuition Stakeholder interview	2
Rosen, D. D., Rebeta, J. L., & Rothschild, S. Z. (2014). Culturally competent adaptation of cognitive-behavioural therapy for psychosis: cases of Orthodox Jewish patients with messianic delusions. Mental Health, Religion & Culture, 17(7), 703-713.	CBT	Psychosis	Data Literature review Theory	2

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K., Chachamovich, E., McCullough, J. P., & Turecki, G. (2012). Cognitive behavioural analysis system of psychotherapy for treatment-resistant depression: Adaptation to a group modality. Behaviour Change, 29(2), 97-108.	Cognitive Behavioural Analysis System of Psychotherapy	Treatment-resistant depression	Literature review Theory	2
Schulz, P. M., Huber, L. C., & Resick, P. A. (2006). Practical adaptations of cognitive processing therapy with Bosnian refugees: Implications for adapting practice to a multicultural clientele. Cognitive and Behavioral Practice, 13(4), 310-321.	Cognitive Processing Therapy	PTSD	Clinical intuition Literature review	2
Shea, M., Cachelin, F., Uribe, L., Striegel, R. H., Thompson, D., & Wilson, G. T. (2012). Cultural adaptation of a cognitive behavior therapy guided self-help program for Mexican American women with binge eating disorders. Journal of Counseling and Development, 90(3), 308-318.	СВТ	Binge eating disorder	Stakeholder interview	1
Spoont, M. R., Sayer, N. A., Thuras, P., Erbes, C., & Winston, E. (2003). Practical psychotherapy: Adaptation of dialectical behavior therapy by a VA Medical Center. Psychiatric Services, 54(5), 627-629.	DBT	PTSD and other psychiatric symptoms	Clinical intuition	1
Stenfert Kroese, B., Willott, S., Taylor, F., Smith, P., Graham, R., Rutter, T., & Willner, P. (2016). Trauma-focussed cognitive-behaviour therapy for people with mild intellectual disabilities: Outcomes of a pilot study. Advances in Mental Health and Intellectual Disabilities, 10(5), 299-310.	Trauma-focused CBT	Intellectual disabilities and complex PTSD	Literature review Theory	2
Surawy, C., McManus, F., Muse, K., & Williams, J. M. G. (2015). Mindfulness-based cognitive therapy (MBCT) for health anxiety (hypochondriasis): rationale, implementation and case illustration. Mindfulness, 6(2), 382-392.	Mindfulness-Based Cognitive Therapy	Hypochondriasis	Clinical intuition	1

Harrison, D. W. (2018). Adapting Cognitive Processing Therapy to Treat Co-Occurring Posttraumatic Stress Disorder and Mild Traumatic Brain Injury: A Case Study. Cognitive and Behavioral Practice, 25(2), 261-274.	Cognitive Processing Therapy	PTSD	Theory	1
Uebelacker, L. A., Weisberg, R. B., Haggarty, R., & Miller, I. W. (2009). Adapted behavior therapy for persistently depressed primary care patients: an open trial. Behavior Modification, 33(3), 374-395.	Behavior therapy	Major depressive disorder	Clinical intuition	1
Valentine, S. E., Borba, C. P., Dixon, L., Vaewsorn, A. S., Guajardo, J. G., Resick, P. A., & Marques, L. (2017). Cognitive Processing Therapy for Spanish-speaking Latinos: A Formative Study of a Model-Driven Cultural Adaptation of the Manual to Enhance Implementation in a Usual Care Setting. Journal of Clinical Psychology, 73(3), 239-256.	Cognitive Processing Therapy	PTSD	Clinical intuition Data Stakeholder interview	3
Venner, K. L., Greenfield, B. L., Hagler, K. J., Simmons, J., Lupee, D., Homer, E., & Smith, J. E. (2016). Pilot outcome results of culturally adapted evidence-based substance use disorder treatment with a Southwest Tribe. Addictive Behaviors Reports, 3, 21-27.	СВТ	Substance use disorder	Theory	1
Wade, S., Byrne, S., & Allen, K. (2017). Enhanced cognitive behavioral therapy for eating disorders adapted for a group setting. International Journal of Eating Disorders, 50(8), 863-872.	Enhanced cognitive behavioral treatment	Eating disorders	Literature review	1
Wagner, B., Schulz, W., & Knaevelsrud, C. (2012). Efficacy of an Internet-based intervention for posttraumatic stress disorder in Iraq: a pilot study. Psychiatry Research, 195(1-2), 85-88.	Internet-based CBT	PTSD	Literature review	1

Wagner, E. E., Miller, A. L., Greene, L. I., &

Turner, K. A., Smith, A. J., Jones, R. T., &

Winiarski, M. G. (2004). Dialectical behavior therapy for substance abusers adapted for persons living with HIV/AIDS with substance use diagnoses and borderline personality disorder. Cognitive and Behavioral Practice, 11(2), 202-212.	DBT	Substance use diagnoses and borderline personality disorder	Clinical intuition Literature review Stakeholder interview	3
Ward, E. C., & Brown, R. L. (2015). A culturally adapted depression intervention for African American adults experiencing depression: Oh Happy Day. American Journal of Orthopsychiatry, 85(1), 11.	Coping With Depression	Major depressive disorder	Data Literature review Theory	3
Wiser, S., & Telch, C. F. (1999). Dialectical behavior therapy for binge-eating disorder. Journal of clinical psychology, 55(6), 755-768.	DBT	Binge-eating disorder	Literature review Theory	2
Wolpow, S., Porter, M., & Hermanos, E. (2000). Adapting a dialectical behavior therapy (DBT) group for use in a residential program. Psychiatric Rehabilitation Journal, 24(2), 135.	DBT	Varied psychiatric disorders	Clinical intuition	1
Zhou, E. S., Partridge, A. H., & Recklitis, C. J. (2017). A pilot trial of brief group cognitive-behavioral treatment for insomnia in an adult cancer survivorship program. Psycho-Oncology, 26(6), 843-848.	СВТ	Insomnia	Clinical intuition	1
Ad Hoc Adaptations				
Bruijniks, S. J., Franx, G., & Huibers, M. J. (2018). The implementation and adherence to evidence-based protocols for psychotherapy for depression: the perspective of therapists in Dutch specialized mental healthcare. BMC Psychiatry, 18(1), 190.	CBT and IPT	Depression	Clinical intuition	1

Cook, J. M., Dinnen, S., Thompson, R., Simiola,

V., & Schnurr, P. P. (2014). Changes in implementation of two evidence-based psychotherapies for PTSD in VA residential treatment programs: A national investigation. Journal of Traumatic Stress, 27(2), 137-143.	Prolonged exposure Cognitive processing therapy	PTSD	Clinical intuition	1
Cooper, K., Loades, M. E., & Russell, A. (2018). Adapting psychological therapies for autism. Research in Autism Spectrum Disorders, 45, 43-				
50.	CBT	Autism	Clinical intuition	1

Note. The classification system used varied across studies, depending on when the study was conducted.