

Appendix 1. Qualitative Interviews Participants

	Age (years)	Gender	Marital Status	Education Employment	Living With	Mental health diagnosis	Number of Attempts	Number of Hospital Admission s
1.	23	M	Unmarried	Graduate	Parents & sibling	No diagnosis	2	1
2.	17	M	Unmarried	School grade 10 dropout	Parents	Cluster B personality traits, Conduct Disorder	1	1
3.	17	F	Unmarried	In school	Parents	Premenstrual dysphoric disorder	1	0
4.	15	F	Unmarried	In school	In residential accommodation	Oppositional defiant disorder, Major depressive disorder	1	0
5.	16	F	Unmarried	School grade 9 dropout	Parents and siblings	Cluster B personality traits, Learning disability	1	1
6.	19	F	Unmarried	School grade 11 dropout	Parents and siblings	Conversion disorder, Generalised Anxiety Disorder	4	1
7.	24	M	Married	Graduate Works as peon	Disabled father, mother and wife	Cluster B personality traits	2	1
8.	23	M	Engaged	Graduate Unemployed	Father	Obsessive compulsive disorder, Major depressive disorder	2	0
9.	18	F	Unmarried	In college	Parents, sibling	No diagnosis	1	1
10.	19	F	Married, Estranged from husband	School grade 8 drop-out Works as personal caretaker	Mother	Major depressive disorder, Post traumatic disorder	2	1
11.	20	F	Engaged	Finished grade 12	Parents	No diagnosis	1	1

12.	22	F	Unmarried	Studying in college	Parents	Alcohol dependence, Post-traumatic stress disorder	5	3
13.	22	M	Unmarried	Shopkeeper	Roommate	Alcohol dependence, Cluster B personality traits	3	1
14.	20	F	Divorced	Grade 9 dropout	Brother and sister in law	No diagnosis	1	1
15.	22	F	Unmarried	Graduate, enrolled in a computer course	Parents	Recurrent depressive disorder, Social phobia	2	1

Appendix 2: Intervention Development Workshop 1 Participants**Professionals' Workshop**

Profession	Gender	Years of Experience	Current Role
Psychiatrist	M	Over 30 years	Head of Department, Psychiatry, Tertiary Level Public Hospital, Mumbai
Clinical Psychologist	F	Over 25 years	Head of Department, Psychology, Tertiary Level Public Hospital, Mumbai
Clinical Psychologist	F	Over 7 years	Private Practice, Mumbai
Clinical Psychologist	F	1 year	Private Practice, Mumbai
Psychiatric Social Worker	F	Over 20 years	School Counsellor in a reputed school, Mumbai dealing with 12 to 18 year adolescents

Youth Workshop

Age	Gender	Psychiatric Diagnosis	Number of Attempts	Number of Hospital Admissions
22	F	No diagnosis	1	1
15	F	Oppositional defiant disorder, major depressive disorder	1	0
23*	M	Obsessive compulsive disorder, major depressive disorder	2	0
22*	F	Alcohol dependence, post-traumatic stress disorder	5	3
19*	F	No diagnosis	1	1
19*	F	Recurrent depressive disorder, social phobia	2	1

*Participated in 2nd youth intervention development workshop during step 5

Appendix 3: Intervention Development Workshop 2 Participants

Professionals' Workshop

Profession	Gender	Years of Experience	Current Role
Clinical Psychologist	F	15 years	Private Practice, Mumbai
Clinical Psychologist	F	10 years	Counsellor in a college, Mumbai dealing with 17 to 23 years old
Clinical Psychologist	F	5 years	Private Practice, Mumbai
Clinical Psychologist	F	1 year	Private Practice, Mumbai
Clinical Psychologist	F	3 years	Working with a non-government organisation, Mumbai

Youth Workshop

Age	Gender	Psychiatric Diagnosis	Number of Attempts	Number of Hospital Admissions
23*	M	Obsessive compulsive disorder, major depressive disorder	2	0
22*	F	Alcohol dependence, post-traumatic stress disorder	5	3
19*	F	No diagnosis	1	1
19*	F	Recurrent depressive disorder, social phobia	2	1
18	M	Cluster B personality traits, Recurrent depressive disorder	2	1
17	F	Adjustment disorder, brief psychotic episode in remission	2	2
17	M	Oppositional defiant disorder, cluster B personality traits	1	1

*Participated in 1st youth intervention development workshop during step 3